

SeaGrille

Breakfast On The Bay



Island Style Breakfast	14
free-range eggs, house made sausage or artisan bacon, toast & herbed rosti potato	
Steak & Eggs	16
6oz "AAA" New York Steak, free-range eggs, herbed rosti potato, toast & grilled tomato	
Brentwood Benedict	15
crab cakes, spinach, poached free-range eggs, lemon thyme hollandaise, herbed rosti potatoes	
Classic Benedict	14
canadian back bacon, poached free-range eggs, hollandaise, rosti potatoes	
Apple Pancakes	13
house made pecan pancakes with wood oven roasted apples & warm organic maple syrup	
Cinnamon French Toast	12
cinnamon bread, strawberries, toasted almonds, warm organic maple syrup	
Belgian Chocolate Waffles	11
fresh strawberries & warm organic maple syrup	
BBL Bagel Sandwich	14
smoked salmon, free-range egg, spinach & swiss cheese, herbed rosti potatoes	
BC Cheese Omelette	13
three free range eggs, local artisan cheeses,herbed rosti potatoes & toast	
Provincial Breakfast	12
fresh fruit and pastries and preserves with juice, coffee or tea	
Fresh Fruit, Yogurt & House Made Granola	10
Bowl of Fresh Fruit	8
Beverages	
Assorted Juices	4
Cappuccino	4
Latte	4
Hot Chocolate	4
Americano	4
Milk	4
Mocha	4
Double Espresso	4
Espresso	3.5
Brewed Dark Roast Coffee	3.5
Tazo Teas	3.5
organic chai, china green, zen, calm, awake, passion, wild orange, earl grey	