



BRENTWOOD BAY  
LODGE & SPA

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# Island Paradise in Our Own Backyard

by Cheryl MacKinnon

Mmm...summer on the West Coast. Time to kick back, explore a new place or return to the familiar. Either way, Victoria's only five star oceanfront resort, Brentwood Bay Lodge and Spa, fits the bill.

Located within the peaceful setting of Saanich Inlet, the contemporary West Coast Lodge offers 33 luxurious suites, each facing the waterfront. The simple yet casually-elegant atmosphere immediately allows you to escape city life. The setting is breath-taking and in a great twist of design, is enjoyed from almost every vantage point in the Lodge. So whether the weather is clear and sunny, or delivering a familiar drizzle, the visuals will definitely delight you.

Easy to get to and within close proximity to many of the area's most popular attractions and world-class golf, I recommend arriving by car in the event you decide to explore beyond the doors of the Lodge. The ferry ride over gets you started on the road to relaxation, then the 10 minute drive to the Lodge, which winds through a beautiful countryside, should have you primed for pampering – whether for a day or a week.

If you're looking for a great escape, with a dose of activity as well as some 'R&R', go no further than the marina dock. Special packages include a romantic water cruise across to The Butchart Gardens, scuba diving or a two hour eco-adventure cruise to a nearby rainforest park returning via kayak.

Gaining a notable reputation for their spa services, the Lodge's oceanfront setting truly offers one of the most tranquil environments in which to melt away any tension. The glass of wine served with decadent chocolates as you lounge after your treatment in a comfy robe and slippers, is the ultimate touch.

The best part of this getaway could be the dining experience. In its first year of operation, the Arbutus Grille & Wine Bar has been honoured by Enroute, Air Canada's inflight magazine as one of the top five "Best New Restaurants" and 'Best New Wine List' in Canada for 2004...

With a strong philosophy of combining local, regional and seasonal produce with meats, seafood and wild game throughout each meal, Chef Alain Leger and his team create culinary delights for the most discerning palate.

Chef Leger's summer creation, the Haida Feast Dish, further celebrates this philosophy with an abundance of locally sourced seafood, some of which is harvested right from the waters of the Saanich Inlet. The colourful selection includes B.C. Spot prawns, Quadra Island Mussels, candied salmon, B.C. smoked Albacore tuna, B.C. harvested oysters, wild smoked Spring salmon and Manila clams, all served on an extraordinary hand-carved platter, inspired by a three thousand year-old Haida feast dish, and brought to life by First Nation carver Derek Heaton.

...Perfect for an escape for two. Check out their summer spa specials and other enticing packages which include a romantic water cruise across to The Butchart Gardens at [www.brentwoodbaylodge.com](http://www.brentwoodbaylodge.com).

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